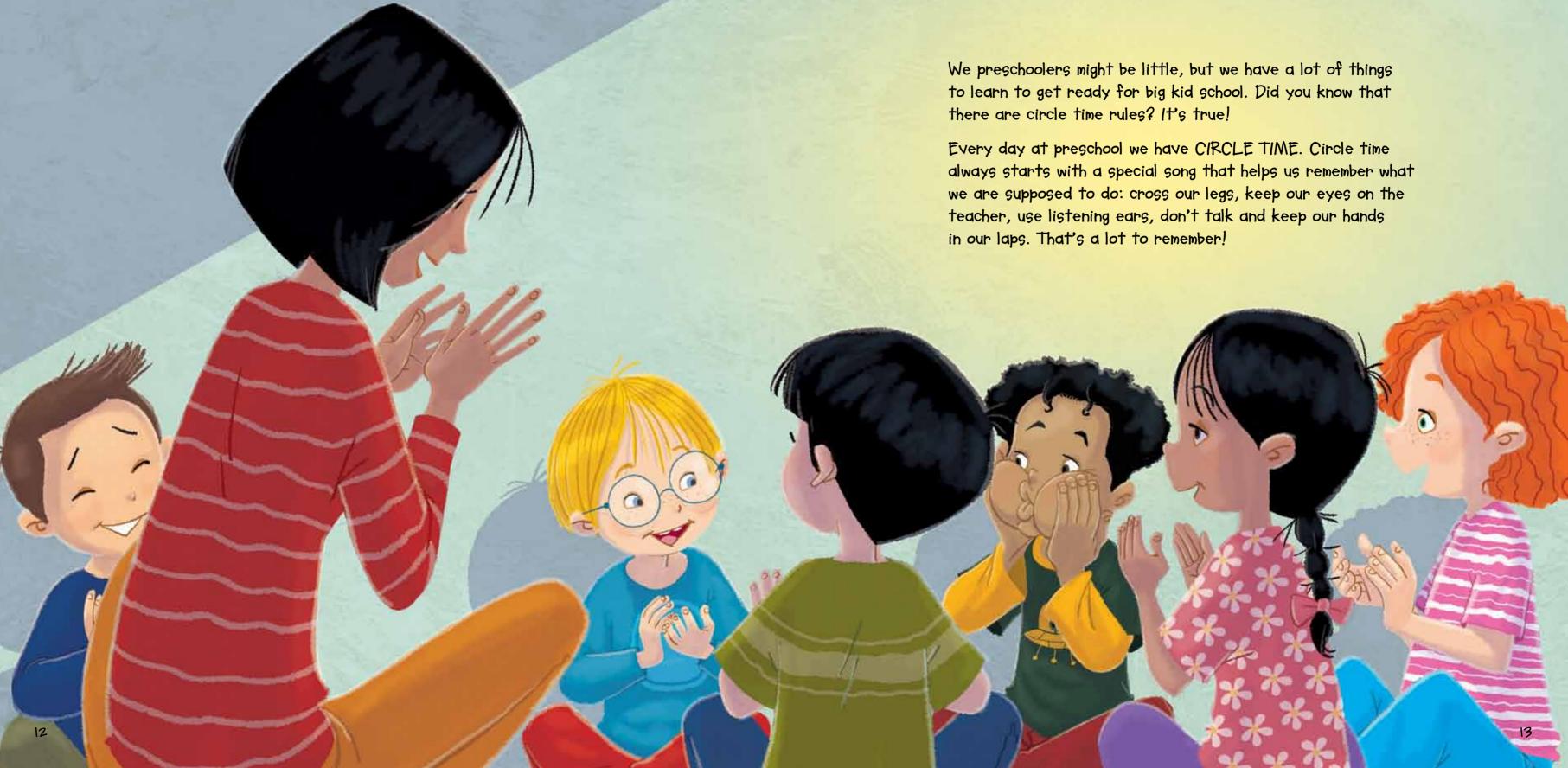
On the first day of preschool, my teacher asked all the kids in my class to help make our classroom rules because RULES HELP KEEP US SAFE.

At first I thought it was a good idea, except after awhile it made me feel kind of scared. All of the rules on the list were all the things that we couldn't or shouldn't do, like NO hitting, NO biting and NO running inside the classroom. 11





Ms. Maya says that after we learn how to sit and listen and control our feelings, then it will be easier for us to learn the alphabet and numbers.

I think Ms. Maya might be right because whenever I have to sit at the table and practice my ABCs and 123s, I can't take my eyes off of what the other kids are doing around me.

I guess I need to practice not getting distracted and STAYING FOCUSED.

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